

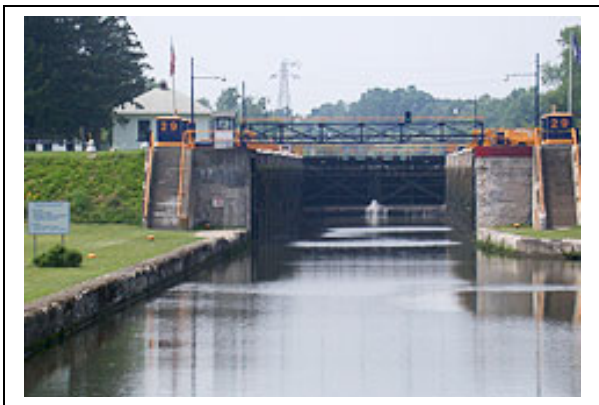
September 16, 2009

The Palmyra-Macedon Rotary Club's Canaltown Crier



THE FOUR-WAY TEST

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOOD WILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?



Entering Erie Canal Lock #29 at Palmyra, NY



Macedon Veteran's Memorial, Canal Park

Palmyra Macedon Rotary Website: www.palmyramacedonrotary.org
Rotary District 7120 Website: www.rotary7120.org
Rotary International Website: www.rotary.org

September 16

Robert Leopard – Presentation about On-Line Science Education

Bob Graves, VP of Indoor Environmental Air Services

Peter Park introduced this week's guest speaker: Robert G. Graves, Jr., Vice President of Indoor Environmental Air Specialists, a Rochester-based firm specializing in “indoor air quality”. Started by Bob and his brother in 2001, the company provides duct cleaning services and air quality improvement products to residential and commercial clients in Rochester and western New York.

Their commercial clients include some of the most well-known names in the Rochester area, including Strong Memorial Hospital, the University of Rochester, DuPont, Memorial Art Gallery, Syracuse University, Frontier, the Highlands at Brighton, and Corning.

Indoor air quality has become a topic of increasing concern in recent years, as advancements in building efficiency have made homes and business “airtight,” the speaker noted. Oddly enough, Bob observed, older homes, with leaky windows and doors, are actually healthier during the colder months than modern structures with extensive insulation and sealed, double-paned windows. “When you lock down the windows at the beginning of winter,” he said, “you are locking in all that air, which could remain in your house for months! It is estimated that over 70 percent of homes can cause the people inside to be sick.”



This is caused by air recirculating through ductwork that contains various forms of pollution such as mold, mildew, textile fibers, pet hairs, and other living organisms floating around in the air. Bob demonstrated a device manufactured in Medina by a company called Second Wind that uses ultraviolet light to kill the mold and mildew. “This light will take care of two thirds of the impurities in the air, and a good furnace filter will take care of the rest,” he said.

For more information about Indoor Environmental Specialists and their products and services, log on to their website at www.cleaningyourair.com.

Missing in Action

G. Bassage, K. Clement, M. Clement, M. Courtney, B. Dean, P. Dean, R. Kommer, D. LeMoyne, R. Leopard, J. McGovern, D. Nagle, A. Pechler, M. Rutkowski, E. VerPlank, P. VerPlank

Thoughts and Prayers

- Margaret Brooks' grandson is still awaiting his heart surgery

FOOD PANTRY DONATIONS

While doing your weekly food shopping, why not pick up an extra item or two to donate to one of our local food pantries? A little goes a long way in the lives of people in need.

Guests and Visiting Rotarians

- Sister Kristine Hamblin
- Bob Graves, speaker

Birthdays and Anniversaries

- Roger and Christine Hamblin recently celebrated their 38th wedding anniversary.
- September 5 marked the 11th anniversary of Past President Peter Park and his wife, Beth.
- The Bushes – Jim and Sue – celebrated “40 years of wedded bliss” this week.

Congratulations to all!

Happy Bucks and Confessions

- Nancy Schrader enjoyed a week of vacation at Fair Haven.
- Leslie Vecchiotti reported that her family took a holiday trip to Toronto and Niagara Falls, which included attending a Bills preseason game and a NY Yankees vs. Blue Jays baseball game in Toronto.

Roger and Kristine Hamblin are looking forward to a visit from their son next week. Roger also donated a happy buck for BYU's stunning upset win over Oklahoma to open their football season.

- Gary and Terri Hopkins traveled to Buffalo for a wedding over the weekend — without their children!
- Peter Park chipped in a happy buck to mark son, Jonah's, first day of Kindergarten this week.
- Bob and Dianne Sloan enjoyed a long weekend on Oneida Lake before sending their two kids, Rory and Autumn, off to school.

Rotary Club News

- President Dave opened today's meeting by presenting our Exchange Student – Elena Vasquez from Argentina – with her “blue dinner badge.” Elena reported on a very busy week, which included excursions to Darien Lake and the State Fair and a Pal-Mac Volleyball victory.



- The Exempt Button for September was won by Dianne Sloan with a “high” bid of just \$5.
- If you have not yet turned in your Canaltown Days drawing money, be sure to do so this week! Joan Shaffer and Roger Wilbur sold \$135 worth of tickets at Breen's on Saturday morning. Please be sure to turn in your money and unsold tickets to Joan ASAP!
- Gary Haigh announced plans for this year's “Dictionary Project,” which will distribute free dictionaries to all third graders within the Palmyra-Macedon School District on a date to be determined. If you would like to help with this worthwhile project, let Gary know soon.
- Bob Yost has issued his annual invitation for Rotarians to join him for the “party on the porch” during and after the Canaltown parade on Saturday afternoon, September 19.
- Don't forget the annual District 7120 Leadership Institute, which will be held in Canandaigua on Saturday, November 7. If interested, see President Dave for details.

50/50 Winner

Dave Read, \$11, donated to "Pennies for Polio"

Upcoming Programs and Presenters

Sept 23	Gene Bassage – program TBD
Sept 30	CLUB ASSEMBLY
Oct 7	Arnie Pechler – TBD
Oct 14	TBD – Looking for a volunteer
Oct 21	Arnie Pechler – TBD
Oct 28	CLUB ASSEMBLY
Nov 4	TBD – Looking for a volunteer
Nov 11	Eric Chapman – presenting Palmyra Boy Scout Troop 96 and their trip to Philmont Scout Ranch in New Mexico
Nov 18	TBD – Looking for a volunteer
Nov 25	NO MEETING – DAY BEFORE THANKSGIVING

Please give the name of your speaker and topic to Debbie LeMoyne (986-2625 or email debbie.lemoyne@garlock.com) ASAP. If you are unable to find a speaker on the day that you are assigned either find a replacement or switch with someone. If you are looking for topics, please contact Debbie LeMoyne. Thank you.

The Palmyra-Macedon Rotary Club

101 E. Main Street
Palmyra, NY 14522

Board of Directors
Jim Bush 08-10
Tom Breen 08-10
Gary Haigh 08-10
David Read 08-10
Nancy Schrader 8-10
Bob Yost 08-10
Debbie LeMoyne 09-11
Arnie Pechler 09-11
Pat Ver Plank 09-11

2008 - 2009 Club Officers

President	Dave Pray
President Elect	Cindy Surline
Vice President	Eric Chapman
Secretary	Joan Shaffer
Treasurer	Margaret Brooks
Sergeant-at-Arms	Roger Wilbur
Assistant Sergeant-at-Arms	Tom Breen
Past President	Peter Park
R.I. President	John Kenny
District Governor, 7120	Mark Wyse
Assistant Governor Area 11	Tim King

KEEP UP YOUR ATTENDANCE NEARBY CLUB MEETINGS

Monday

Bloomfield	7:30am	St. Bridget CC
Gananda	6:00pm	Log Cabin Restaurant
Williamson	6:15pm	American Legion
Fairport	6:15pm	Green Lantern Inn
Waterloo	6:30pm	Holiday Inn

Tuesday

Red Jacket	7:30am	Lehigh Valley Family Restaurant (Rt 96 and Rt 21)
Clifton Springs	12:00pm	Clifton Springs Hospital Auditorium
Ontario-Walworth	6:15pm	Ontario Firemen's Exempt Hall
Red Creek	6:15pm	Shella's Pizzeria
Sodus	6:15pm	Steger Haus

Wednesday

Victor-Farmington	12:00pm	Legacy Sr. Citizens Complex
Wolcott	12:05pm	Wolcott Elks Lodge

Thursday

Newark	12:05pm	Newark Quality Inn
Canandaigua	12:15pm	Steamboat Landing
Clyde	6:10pm	Donselaar's
East Rochester	6:15pm	Hawthorne's Restaurant